

Blevit AD Carrots and Rice

When the baby follows a special astringent diet



AVERAGE ANALYSIS

Average composition		Per 100 g	Per serving 50 g
Energy Value	kJ kcal	1583 374	556 131
Proteins	g	7,7	2,7
Carbohydrates	g	80	28
of which sugars*	g	13	4,6
of which added sugars	g	0	0
Fat	g	1,3	0,5
of which saturated	g	0,4	0,2
of which monounsaturated	g	0,3	0,1
of which polyunsaturated	g	0,6	0,2
<i>trans fatty acids</i>	g	0	0
Cholesterol	mg	0	0
Fiber	g	5,5	1,9

Minerals

Sodium	mg	40	14
Calcium	mg	350	122,5
Iron	mg	7,5	2,6
Zinc	mg	3	1,1

Vitamins

Vitamin A	µg	440	154
Vitamin D	µg	5,2	1,8
Vitamin E	mg	4,8	1,7
Vitamin B ₁	µg	550	192,5
Vitamin B ₂	µg	400	140
Vitamin B ₆	µg	400	140
Vitamin C	mg	50	17,5
Folic acid	µg	34	11,9
Pantothenic acid	mg	1,6	0,6
Niacin	mg	4	1,4
Biotin	µg	7	2,5

*Contains natural incurring sugars.